

# Keep Yourself Informed

## Internet resources for up-to-date information on pandemic influenza and pandemic preparedness planning:

- ❖ US government pandemic flu website: [www.pandemicflu.gov](http://www.pandemicflu.gov)
- ❖ World Health Organization (WHO) pandemic flu website: [www.who.int/csr/disease/influenza/pandemic/en/](http://www.who.int/csr/disease/influenza/pandemic/en/)
- ❖ US Department of Health and Human Services pandemic preparedness plan: [www.hhs.gov/pandemicflu/plan/](http://www.hhs.gov/pandemicflu/plan/)
- ❖ Washington County Department of Health and Human Services (WC DHHS): [www.co.washington.or.us/deptmts/hhs/health.htm](http://www.co.washington.or.us/deptmts/hhs/health.htm)
- ❖ Center for Infectious Disease Research and Policy (CIDRAP) at University of Minnesota: [www.cidrap.umn.edu/cidrap/content/influenza/panflu/index.html](http://www.cidrap.umn.edu/cidrap/content/influenza/panflu/index.html)

## Internet resources for information on avian influenza:

- ❖ US Geological Survey (USGS): [www.nwhc.usgs.gov/disease\\_information/avian\\_influenza/index.jsp](http://www.nwhc.usgs.gov/disease_information/avian_influenza/index.jsp)
- ❖ US Department of Agriculture (USDA): [www.usda.gov/wps/portal/usdahome?navtype=SU&navid=AVIAN\\_INFLUENZA](http://www.usda.gov/wps/portal/usdahome?navtype=SU&navid=AVIAN_INFLUENZA)
- ❖ National Defense University, Center for Technology and National Security Policy, Bird Flu and You posters: [www.ndu.edu/ctnsp/Bird\\_flu.htm](http://www.ndu.edu/ctnsp/Bird_flu.htm)

## Healthy habits information for home, work and school:

- ❖ CDC, Stopping the Germ at Home, Work and School: [www.cdc.gov/germstopper/home\\_work\\_school.htm](http://www.cdc.gov/germstopper/home_work_school.htm)
- ❖ Cover Your Cough, Clean Your Hands posters in English and Spanish from WC DHHS: [www.co.washington.or.us/deptmts/hhs/comm\\_hlh/diseze/doc/ccoughb.pdf](http://www.co.washington.or.us/deptmts/hhs/comm_hlh/diseze/doc/ccoughb.pdf)
- ❖ WC DHHS Healthy Habits: [www.co.washington.or.us/deptmts/hhs/comm\\_hlh/diseze/h\\_habit.htm](http://www.co.washington.or.us/deptmts/hhs/comm_hlh/diseze/h_habit.htm)

## Educational resources for children:

- ❖ National Science Foundation (NSF) Scrub Club: [www.scrubclub.org](http://www.scrubclub.org)
- ❖ School Network for Absenteeism Prevention, It's a SNAP: [www.itsasnap.org/snap/about.asp](http://www.itsasnap.org/snap/about.asp)
- ❖ CDC Germ Stopper posters: [www.cdc.gov/germstopper/materials.htm](http://www.cdc.gov/germstopper/materials.htm)
- ❖ "Glo Germ" – tool to demonstrate hand washing, surface cleaning, hygiene, and containment techniques. [www.glogerm.com/](http://www.glogerm.com/)

## Pandemic influenza and avian influenza information in different languages:

- ❖ United Kingdom Department of Health, Family oriented pandemic flu information in 21 different languages: [www.dh.gov.uk/PublicationsAndStatistics/Publications/PublicationsPolicyAndGuidance/PublicationsPolicyAndGuidanceArticle/fs/en?CONTENT\\_ID=4121631&chk=vR4A92](http://www.dh.gov.uk/PublicationsAndStatistics/Publications/PublicationsPolicyAndGuidance/PublicationsPolicyAndGuidanceArticle/fs/en?CONTENT_ID=4121631&chk=vR4A92)
- ❖ US Center for Disease Control and Prevention, avian flu information in different languages: [www.cdc.gov/flu/avian/](http://www.cdc.gov/flu/avian/)